



September 2011

TOWN OF
SALEM
COMMUNITY

Oct. 1 Salem Rec. Comm. presents, **A Day on your own, New York City Bustrip**

Oct. 18 **October Fest Bus Trip, sponsored by the Salem Seniors, all are welcome**

Every Tuesday **Senior Afternoons at the Library.** Come bowl on the Wii or play some board and card games. Sponsored by Salem Rec.

CALENDAR INFO

If you would like to place an event on the community calendar please email your info to sue.spang@salemct.gov

Please email your info by Friday prior to the Wednesday folder posting.



For more detailed information look at the following flyers and announcements

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27 Senior Tuesdays 12-4 Library	28	29 Knitting at the Library 10-12	30	1 New York City Day on your own Bus trip Vision Screeing 2-5 Library
2	3	4 Senior Tuesdays 12-4 Library	5	6 Knitting at the Li- brary 10-12	7	8

Our TOWNSALEM

The September issue is arriving
Thursday, September 22nd!

Translation, please?

Liz demystifies QR codes.
Andrea's no-nonsense about DNTTXTNDRV.

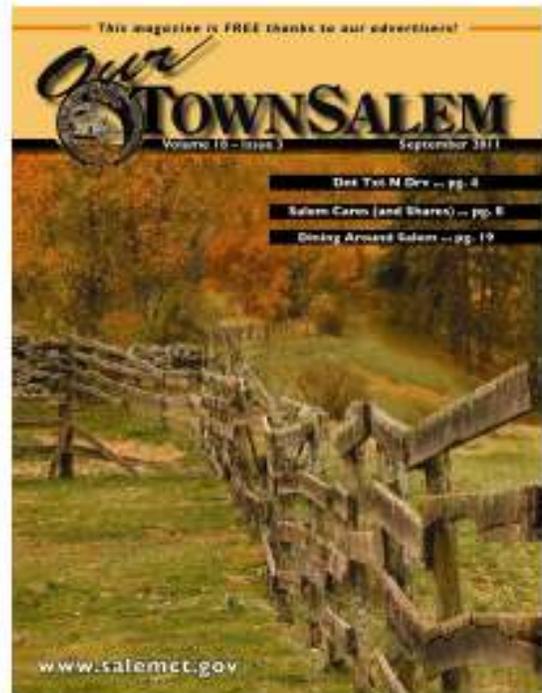
Good ol' Mother Earth

Ed's all for access to land for recreational use.
David introduces the community forest.
Diba dwells on water bodies.
Pat's on the rocks (well, sort of).
Salem Subway goes global.

School Days, School Daze

Claire's transformation from Cougar to Viking.
Salem School Class of 2011 is outta here.
Diane talks NYC, possible after-school programs.
Jackie's history quiz for students of all ages.
H. Kaye fills in the blanks.

**Our Town-Salem is free,
thanks to our many
advertisers! Show them
your appreciation by
giving them your
business whenever
possible!**



If you get the Lyme Times
(September 22nd issue),
look for
Our Town-Salem inside!
It will also be available at
the Town Hall, Library,
and at Salem Valley Farms
Ice Cream.
Or, you can read it online
at the town website,
www.salemct.gov.

Surefire Community Spirit

Emma-Emma celebrate-advocate.
Kathy on coats, cramped toes and camperships.
George divulges scholarships, awards, calendars.
Rev Tim spills the beans on Apple Festival prep.

Alive and Well

Kevin on construction and saving buck\$.
Pat declares Abe Lincoln's arrival at Town Hall.
Sianna, Madison and a smorgasbord of library
programs including the annual book sale!

****SEAT STILL AVAILABLE****

**SALEM
RECREATION
PRESENTS:**



OCTOBER 1, 2011

**NEW
YORK
CITY**

DAY ON YOUR OWN

Motor coach will leave Salem School at 7:30am and will leave NYC at 7:00pm.

This is a day to do what ever you want to!
See a show, visit a museum, Empire State Building, NBC Studio Tours, the list is endless!

No need to worry about driving or parking!

**Fee: \$35.00 resident
\$40.00 non-resident**

Contact Diane Weston at 860-859-3873x250 or 252 for more information.
Email: Diane.Weston@salemct.gov

SALEM RECREATION NEWS

If you have a child or children in Salem School, we would like your input! Salem Recreation has a survey to be completed on "SURVEY MONKEY".

This will help us to determine a type of after school program for Salem School.

Please take a moment to fill out the survey.

Go to:

<http://www.surveymonkey.com/S/X6W3PPF>

Watch for ZUMBA to start in October! Monday evenings from 6:00 to 7:00pm.

Check the website: http://www.salemct.gov/Pages/SalemCT_Recreation/programs dates will be posted soon!

Sign up for our email blasts if you have not done so!

Group Fitness Program:

Thursday 7:00 to 9:00pm Sept. 29, Oct. 6, 13, 20, 27 & Nov. 3

Sunday 9:00 to 10:00am Sept. 27, Oct. 2, 9, 16, 23, 30

Fee: \$35.00 resident for one 6 week session, total 6 classes

\$40.00 non-resident for one 6 week session, total 6 classes

Where: PhysioCare Physical Therapy and Sports Medicine, LLC, located above Ballastrini's Day Care, Norwich Road.

A combination of aerobic, strength and endurance will improve your overall level of fitness. Classes will be taught by a physical therapist and certified fitness instructor. The class is structured for any fitness level. It will add variety, goals, core strength; improve posture, and all over feeling of well-being.

Salem Recreation Basketball will be starting soon! Be on the lookout for signups in October!

Seats are still available for the October 1 New York City bus trip. Bus will leave Salem School at 7:30am and leave NYC at 7:00pm.

Contact Diane Weston at 860-859-3873x250 or 252, or email Diane.Weston@salemct.gov for information on any of the programs listed.

Salem Recreation would like to run after-school clubs/classes for the fall, winter, and spring.

We are looking for focused, enthusiastic, energetic, reliable instructors to help run these clubs. A commitment of 4 to 6 weeks is needed. The club/class will be once a week from school dismissal for one hour or one and ½ hours. You would need to arrive before 10 minutes before school dismissal to get setup.

Some activity ideas are arts & crafts, gym games, foreign language, scrapbooking, yoga drama, dance, legos, board games, chess, art, etc. There are many wonderful ideas, what is your area of expertise? If you have a talent or idea that you would like to share with students of Salem School, please contact us! Maybe you know of someone that would be interested in teaching a class?

Please remember this is a commitment, we would need you to be available for all clubs/classes that are offered.

_____ Name
_____ Address
_____ City
_____ Home Phone
_____ Cell Phone

_____ Club or Class Idea

_____ Days available

Minimum number of participants _____ Maximum number of participants _____

Experience:

Please check one:

_____ Volunteer _____ Pay If so, what would you like to be compensated for the club/class:

Please return this form to Salem Recreation, 270 Hartford Road, Salem, CT 06420
Contact Diane Weston 860-859-3873x252 or email Diane.Weston@saalemct.gov.

OPEN HOUSE & FREE VISION SCREENING

Please bring a
book to donate to
Read to Grow

Saturday October 1 2-5pm

Please call to schedule

Ages 5-18 years old

Story book readings for your younger children

Light refreshments will be served



Is your child:

- Struggling with reading?
- Having difficulty attending in class?
- Frustrated trying to focus in school?
- Getting headaches from school work?
- Exhibiting problem behaviors in the classroom?
- Exhausted at the end of the school day?

Our open house/free screening will be a fun and educational time. You can have your child screened and get a chance to get a glimpse into the world of behavioral optometry and vision therapy. There is a common misconception that vision stops at "20/20." Even with "perfect" 20/20 eyesight, there can be certain visual skills your child has not developed. These skills can effect daily activities such as sports, reading, writing and focusing. Please feel free to visit our website www.drsemenza.com and call to schedule a time today. We hope to see you October 1st!

We can help to:

- Prevent vision and eye problems from developing
- Develop the visual skills needed to achieve at school, home or play
- Enhance ability on tasks demanding prolonged near visual effort
- Remediate or compensate for vision problems which have already developed

Drs. Thomas & Christine Semenza, 19 Halls Road, Suite 210 Old Lyme, CT 06371 (860) 434-2509

Salem Seniors presents

Oktoberfest

at the lovely Inn at Villa Bianca
in Seymour, CT

Tuesday, October 18, 2011



The Inn at Villa Bianca is a beautiful Banquet & Wedding Resort located outside of New Haven, CT. The Chef here has provided us with a real nice authentic German Buffet along with Unlimited Beer and Wine while dancing and enjoying some great German musical entertainment.

Package Includes:

- Roundtrip Motor Coach
- All You Can Eat German Buffet
- Unlimited Beer and Wine
- German Entertainment & Dancing
- Meal Taxes & Gratuities

\$75. P/P



For more information call:

Jean Schreiner
(860) 859-2875

Villa Bianca Menu:

German Pretzels
German Potato Pancakes
Mussels in German Beer
Grilled Bratwurst, Swedish Meatballs
Cream Spinach, Stuffed Cabbage
Rigatoni ala Vodka
Weiner Schnitzel with Sour Cream Gravy

Apple Strudel Dessert
Coffee—Tea



Beer & Wine Garden

Becks, Spatan Lager, Maybock, Gaffel,
Warsteiner Pilsner, Peroni and Budweiser
Along with select Wines ...

Departs 9: 45 a.m.
Salem Congregational
Parking Lot
Returns Approx 4:30 p.m.

The Friends of the Salem Library
ANNUAL

Used **BOOK** Sale

At the Salem School Gym
Rt 85, Salem
(1 mile North of 4 corners, on the right)

Over 20,000 Books

(sorted into 40+ categories)



Friday, Oct 28th
6-9 pm*
Saturday, Oct 29th
9-3



*6PM Entry for
“Friends” Only
Join at the door!!!

General Public Entry at 7PM



**Salem Library is now offering
on our website at salemct.gov.**

Learning Express

You must be a Salem or Bozrah resident.

Learning Express contains practice tests, exercises, skill-building courses, eBooks, and information you need to achieve the results you want—at school, at work, or in life.

- **Practice tests for elementary-college students**
 - **GED preparation**
 - **Job Search & Workplace Skills**
 - **Career**
 - **US Citizenship**
 - **Tests in Spanish language**

Salem Library

Come join!



3rd Tuesdays @ 7:15 pm

- September 20: *Crossing to Safety* by Wallace Stegner
October 18: *The Story of My Boyhood and Youth* by John Muir
November 15: *Wooden Nickel* by William Carpenter
December 20: *Dain's Curse* by Dashiell Hammet
January 17: *Darkness Visible* by William Styron
February 20: *The Centaur* by John Updike
March 19: *Heartbroke Bay* by Lynn D'Urso
April 17: *Killer Angels* by Michael Shaara
May 15: *What the Dog Saw* by Malcolm Gladwell
June 19: *Wild Trees* by Robert Preston

Books in the Afternoon
Last Thursdays @ 1 pm

September 29: *Jamaica Inn* by Daphne Du Maurier

Special

Mystery Book and Lunch

with Carole Shmurak, facilitator

Thursday, October 13, 2011 @ 11 am

The Laughing Policeman by Maj Sjöwall and Per Wahloo

Swedish smorgasbord style lunch. Charge \$10.00

Come check out Salem's Multipurpose Trail.

Spend a couple of hours exploring the backwoods of Salem.

The multipurpose trail is an ongoing project with finished, improved portions, and well worn hiking paths. Access the trail at the parking lot on Music Vale Road and explore the trail right here in Salem.

Welcome to the Harris Brook
Multipurpose Trail

Information

Hours: Sunrise to Sunset

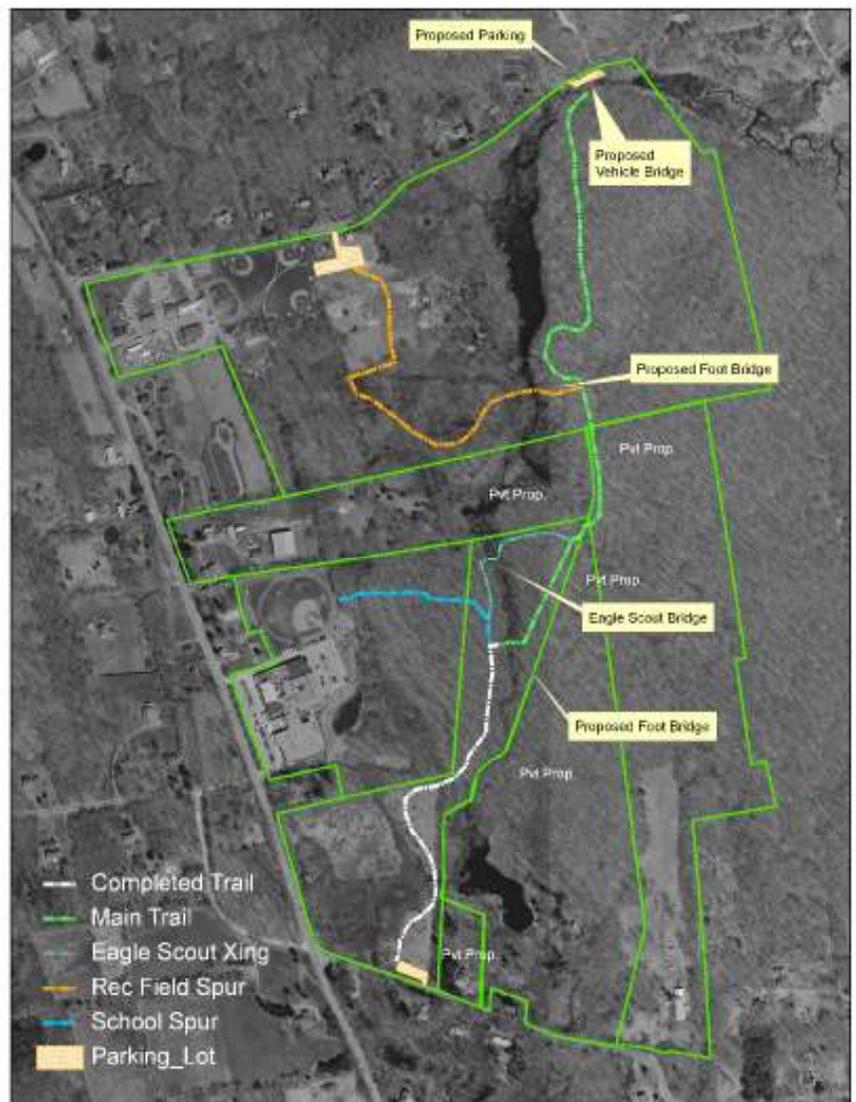
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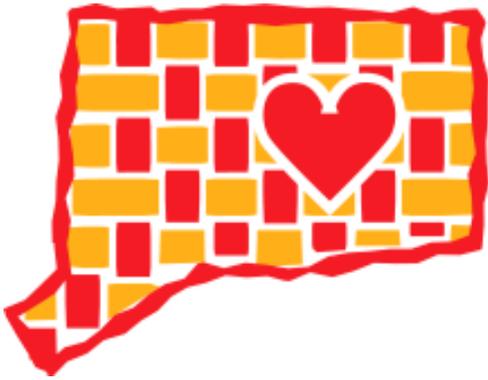
- Respect Private Property
- Don't Litter
- Keep Pets on Leash
- No Hunting
- No Motorized Vehicles

Special Thanks to:

- Salem Public Works for constructing the Trail
- Salem Lions Club for clearing the Trail
- Boy Scout Eagle Projects

Funding provided by the Federal Highways Administration
Recreational Trails Grants Program administered by the
Connecticut Department of Environmental Protection (DEP).





Connecticut

Foster / Adopt

we all have love to give.

The Department of Children and Families needs foster families and adoptive families for children of all ages.

Attend an information meeting where we will give descriptions of our foster & adoptive family programs.

Homes are especially needed for children over 10 years old.

<p>Wednesday October 5, 2011 7:00 p.m. Waterford Public Library 15 Rope Ferry Road Waterford, CT</p>	<p>Thursday October 6, 2011 7:00 p.m. Montville Youth Services Bureau 289 Norwich-NL Tpke. Uncasville, CT</p>	<p>Tuesday October 11, 2011 7:00 p.m. DCF 2 Courthouse Square Norwich, CT <i>English/Spanish</i></p>	<p>Monday October 24, 2011 7:00 p.m. Cragin Memorial Library 8 Linwood Avenue Colchester, CT</p>
<p>Wednesday November 2, 2011 7:00 p.m. Ledyard Center Library 718 Col. Ledyard Hwy Ledyard, CT</p>	<p>Wednesday November 9, 2011 7:00 p.m. Stonington Human Services 166 S. Broad Street Pawcatuck, CT</p>	<p>Monday November 14, 2011 7:00 p.m. Griswold Town Hall 28 Main Street Jewett City, CT</p>	<p>Tuesday November 22, 2011 7:00 p.m. East Lyme Community Center 39 Society Road</p>
<p>Thursday December 1, 2011 7:00 p.m. Gales Ferry Library 18 Hurlbutt Road Gales Ferry, CT</p>	<p>Wednesday December 7, 2011 7:00 p.m. Waterford Public Library 15 Rope Ferry Road Waterford, CT <i>English/Spanish</i></p>	<p>Monday December 12, 2011 7:00 p.m. Groton Public Library 52 Newtown Road Groton, CT</p>	<p>Thursday December 22, 2011 7:00 p.m. Montville Youth Services Bureau 289 Norwich-NL Tpke. Uncasville, CT</p>

For more information, call 1-888-KID-HERO or visit our website:
www.ctfosteradopt.com

Los clases se ofrecen en español. Para mayor información sobre la fecha y el lugar llame a Guadalupe R. Pillars al: **860-213-0763 (Spanish Only)**.